Design your **four reflections** (each of them) on the following lines:

**1. WHAT ?**

What is the idea or issue that stands out to you from your selected reflection (past journal of teaching and learning journey so far)?

1. What idea or issue is most relevant or raises questions for me as a pre-service teacher?

2. What (if anything) is contested about this idea? (refer to your readings and articles read).

3. Does this idea or issue need definition, explanation or clarification?

**2.** **SO WHAT?**

Why is this idea significant for development /teaching / learning/assessment?

1. How can this idea or issue inform my understanding of learners and their development, teaching or learning?

2. What theories can support or challenge this idea or issue? (refer to your readings and articles read)

3. What might this idea look like in practice or what might be an application or example of this idea?

**3.** **NOW WHAT?**

What has changed for me as a result of this new understanding?

1. How has this idea changed my previous understanding and views about teaching?

2. How might I incorporate this idea into my teaching practice?

3. What other questions does this idea or issue raise for further consideration?

Reflection Ideas

1. Initial confrontation of ideals and experiences. My own high school experience vs the focus of what is being taught
2. Experience with the Patch. Initial interaction with Sanderson Middle School students and relationship development
3. Physical perceptions of students, of myself. How to reduce bias toward physical performance and simultaneously avoiding theoretical studies.

Teacher perceptions of disconnect with Tertiary education